

Box Hockey Rules

Instructions Provided by
OutdoorGamePlayers.com



Box Hockey is an outdoor game played by two people. Traditionally, box hockey was played on playgrounds in schoolyards as a kid's game, but it's now often being used as a hockey training tool. Many people have also been playing box hockey at tailgate functions and backyard BBQ's.

The object of the game is to move a hockey puck from the center of the box out through a hole placed at the end of the box (the goal).Each player faces one another on either side of the box, and each attempts to move the puck to their left. If a player succeeds in getting the puck to exit the box through the goal, the player scores one point.The first player to score 11 points wins the game.

Box Hockey Rules

- To start the game (and after each goal), place the puck under the center mouse hole.
Each player raps the bottom of the box with their stick and then taps their opponent's blade three times. After the third tap, both players go after the puck and play begins.
- Using their hockey stick, players attempt to move the puck through the holes to their left and out the hole at the end of the box (the goal).
- In addition to advancing the puck towards their own goal, each player can use their blade to block their opponent's progress or to steal the puck.
- It is legal to use the blade to block the goal from either inside or outside of the box.
- When a player succeeds in getting the puck to exit the box through the goal, the player scores one point.
- The first player to score 11 points wins the game.

Equipment Needed to Play the Game

- The Box. Approximately 6 feet long x 3 feet wide x 6 inches high (four sections in the box).
Each divider has one or more "mouse holes" that are slightly wider than the puck.
- Two hockey sticks. Sometimes shortened.
- One hockey puck. Sometimes a floor hockey puck (plastic, hollow) is used.

